

Guide to Coding Candy

The following list has been designed to help you find the correct food IDs for particular candies. Serving sizes will be more accurate if you are able to determine the size (in gram weight or ounces) of a particular candy and then adjust the serving size accordingly when coding.

For example: a Hershey Kiss (that weighs 5 g) may be coded using the food ID number 217 for Candy, Chocolate, Milk, Plain. However, the foods database lists this chocolate as 32 g bar portions.

In order to determine the amount of the chocolate bar that is equivalent to 1 Hershey Kiss:

- 1) divide the weight of the Hershey Kiss by the weight of the chocolate bar: $5g/32g = .16$
- 2) This means that 1 Hershey Kiss equals .16 bars of chocolate.

Some of these conversions have been provided for your convenience.

Food ID	DESCRIPTION IN DATABASE	INCLUDES
213	CANDY, 3 MUSKETEERS (.8 OZ BAR)	
214	CANDY, BUTTERFINGER (2.16 OZ BAR)	
215	CANDY, CARAMEL	BRACH'S ROYAL 1 PIECE (9g) = .15 SERVINGS (.075 OZ) CARAMEL CREAMS: 1 PIECE (5g) = .08 SERVINGS SUGAR BABIES: 1 PACKAGE (53g) = .90 SERVINGS (1.88 OZ) SUGAR DADDY: 1-2 OZ PIECE = 1 SERVING KRAFT CARAMELS: 1 PIECE (8g) = .14 servings
216	CANDY, CARAMEL, CHOC COVERED (1.2 OZ)	BLACK COW: 1-1.4 OZ SUCKER = 1.2 BARS CAMELLOW CHEW ITS MARATHON BAR MILK DUDS: 1-1.25 OZ BOX = ~1 BAR
217	CANDY, CHOCOLATE, MILK PLAIN	HERSHEY BAR CHOCOLATE CANDY, NOT FURTHER SPECIFIED HERSHEY KISS: 1 (5g) KISS = .16 BAR EASTER EGG, MILK CHOCOLATE: 1 (5g) EGG, NS AS TO SIZE = .16 BAR
218	CANDY, CHOCOLATE, SEMISWEET	CHOCOLATE CHIPS
219	CANDY, CHOCOLATE, MILK W/CEREAL (1.2 OZ)	KRACKEL BAR NESTLE CRUNCH
220	CANDY, CHOCOLATE W/ALMONDS (1.45 OZ)	NESTLE CHOCOLATE BAR W/ALMONDS
221	CANDY, CHOCOLATE, MILK W/PEANUTS (1.5 OZ)	MR. GOODBAR CHUNKY W/PEANUTS
222	CANDY, CHOCOLATE, WHITE W/ALMONDS (1.3 OZ)	NESTLE ALPINE WHITE W/ALMONDS
223	CANDY, COCONUT	COCONUT CANDY, NOT FURTHER Spec
224	CANDY, DARK CHOCOLATE	

225	CANDY, FONDANT	MINTS, NOT FURTHER SPECIFIED HOMEMADE MINTS MENTOS (1 MENTO = 1 PIECE) CANDY CORN (2 CANDY CORNS = 1 PIECE)
226	CANDY, FRUIT LEATHER	FRUIT ROLL UPS FRUIT WRINKLES FUN FRUITS BETTY CROCKER FRUIT STRING THING FARLEY'S FRUIT SNACKS FRUIT BY THE FOOT
227	CANDY, GUMDROP	JELLY BEANS DOTS
228	CANDY, GUMMI BEARS	GUMMI WORMS
229	CANDY, HARD	CANDY CANE: 1 CANDY CANE (15g) = 2.5 PIECES OF HARD CANDY SPREES JAWBREAKERS JOLLY RANCHER LOLLIPOPS
230	CANDY, M&M PEANUT (1.67 OZ)	
231	CANDY M&M PEANUT	
232	CANDY M&M PLAIN (1.69 OZ)	
233	CANDY, MEXICAN CHOCOLATE (3 OZ)	
234	CANDY, MILKY WAY (1.9 OZ)	
235	CANDY, PEANUT BRITTLE (1 INCH SQUARE)	
236	CANDY, REESE'S PEANUT BUTTER CUPS (1.6 OZ)	
237	CANDY, SKITTLES (1.25 OZ)	
238	CANDY, SNICKERS (2 OZ)	
239	CANDY, TWIX, KITKAT	
1398	CANDY, M&M PEANUT BUTTER CHOC CANDIES (1.67 OZ)	
1426	CANDY, COCONUT, CHOC COVERED	MOUNDS ALMOND JOY BOUNTY
1443	CANDY, CHOC COVERED MARSHMALLOW (1.2 OZ)	MALLO CUP (1 MALLOW CUP = 1.2 OZ) EASTER EGG, CHOC COV MARSHMALLOW: 3 MEDIUM EGGS (11 g EACH) = ~1.2 OZ
1444	CANDY, HONEY-COMBED W/PEANUT BUTTER (1.13 OZ)	5 TH AVENUE CLARK BAR

1446	CANDY, LICORICE	TWIZZLERS GOOD N' PLENTY (11 PIECES = 1 STICK OF LICORICE)
1447	CANDY, M&M ALMOND, CHOC	
1449	CANDY, MILKYWAY DARK (1.76 OZ)	
1450	CANDY, CARAMEL W/NUTS (1.6 OZ)	REESES NUTRAGEOUS PEANUT CHEWS
1451	CANDY, SNICKERS PEANUT BUTTER BAR (1.76 OZ)	
1452	CANDY, BABY RUTH (1.2 OZ)	
1453	CANDY, CHOC COV FONDANT	PEPPERMINT PATTY JUNIOR MINTS (7 JUNIOR MINTS = 1 SMALL PATTY; 1-1.6 OZ BOX = 3.2 PATTIES)
1454	CANDY, MALTED MILK BALLS	WHOPPERS
1506	CANDY, SWEET ESCAPES, TRIP CHOC WAFER	
1507	CANDY, SWEET ESCAPES, CARAMEL & PEANUT BUTTER	